NEW HAVEN

FOOD ASSISTANCE
RESOURCE GUIDE

OPEN TO ALL

FOOD PANTRIES

Christian Love
Center-West River
154 Derby Ave.
203-927-6039
2nd & 4th Thurs of month,
4pm-6pm

Community Baptist
Church
143 Shelton Ave.
203-562-7060
1st Wed of month,
10am-11am

Door of Salvation Church
3 Arch St.
203-691-5608
3rd Tue of month,
10am-11am

Downtown Pantry
311 Temple St.
203-624-6426
Wed, 1:30pm-3pm

Glorified Deliverance
604 Dixwell Ave.
4th Sat of month,
11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
Sat, 11:30am-12:30pm;
By appointment only.

Immanuel Missionary
Baptist Church
1324 Chapel St.
203-777-8744
4th Sat of month,
8am-9:30am

Jewish Family Services
1440 Whalley Ave.
203-606-1905
Wed & Thurs, 9am-12pm;
By appointment only.

Liberty Educational
Service Center
47 Eastern St.
203-397-0796
2nd & 4th Sat, 1pm-3pm
Only open to New Haven
residents. Must call on
Friday after 2pm to make
appt.

Loaves & Fishes
57 Olive St.
203-562-2691
Sat, 8am-10:30am

Mount Hope Recovery
Center
565 Dixwell Ave.
203-785-0656
Two Fridays a month from
5:30pm-6:15pm. Call first for
the schedule.

New Flame Restoration
1375 State Street
203-479-0056
Thurs, 3:30pm-5:30pm

New Haven Church of Christ
16 Gem St.
203-777-2992
2nd & 3rd Sat of month,
starting at 12pm

New Haven Inner City
Enrichment (NICE)
Program- Hill Substation
410 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm

New Haven Corps
450 George St.
203-624-9891
M, W, F, 9am-12pm

Upon This Rock Ministries -
Dwight Substation
150 Edgewood Ave.
203-387-1215
1st & 3rd Sat of month,
9am-12pm

Varick AME Zion
242-246 Dixwell Ave.
203-624-6245
1st Sat of month, 10am-12pm

Vertical Church - Fair
Haven Substation
296 Blatchley Ave.
Phone: N/A
3rd Sat of month,
9am-11am

Women of the Village -
Dixwell Substation
26 Charles St.
203-675-9437
203-376-2790
Tue, 1pm-2pm

Believe in Me Empowerment
427 Dixwell Ave.
203-772-2771
Temporarily closed; Call to
arrange emergency food bag

Bethel AME Church
255 Goffe St.
203-865-0514
203-915-2947
3rd Sat of month, 10am-12pm

Breakthrough Church & Life
Kingdom Ministries -
Newhallville Substation
203-691-9296
596 Winchester Ave.,
4th Tue of month, 4pm-6pm;
481 Shelton Ave.,
2nd & 3rd Sat of month,
12pm-2pm

Cathedral of Higher Praise
155 Grand Ave.
203-776-7676
2nd & 4th Sat of month,
9am-10am

Centro San Jose
290 Grand Ave.
203-777-6771
Fri, 9am-12pm

Christian Community Action
168 Davenport Ave.
203-777-7848
Scheduled appointments
recommended for M, T, W
9:30am-3:45pm; Walk-ins
welcome on Tues 2pm-3pm.

Connecticut Food
Bank Mobile Pantry
Pantry times vary by location
and include morning,
afternoon, and evening times
to accommodate as many
schedules as possible. Check
the schedule at:
bit.ly/mobilepantries

For additional resources,
please dial: 2-1-1

For the latest guide,
please visit:
bit.ly/getconnectednhv

No proof of income or
residency status required

• All agencies that
distribute TEFAP/USDA
food must distribute
food to CT residents
regardless of city or
neighborhood.
• Individuals will be
asked to complete and
sign a self-declaratory
form attesting to their
eligibility.

Updated January 2021
SOUP KITCHENS

Community Soup Kitchen
84 Broadway
203-624-4594
Lunch: M-F, 11am-1:30pm; Breakfast: Sat, 8am-9:30am

Downtown Evening Soup Kitchen (DESK)
311 Temple St.
203-624-6426
Sun-Thurs, 5pm-6pm; All dinners served outside.

Immanuel Missionary Baptist Church
1324 Chapel St.
203-777-8744
Sun, 11:30am-12:30pm

St. Luke’s Church
111 Whalley Ave.
203-865-0141
Temporarily Closed

St. Martin DePorres
136 Dixwell Ave.
203-624-9944
Temporarily Closed

St. Matthew’s Church
388 Dixwell Ave.
203-777-0472
Temporarily Closed

St. Paul’s Church
150 Dwight St.
Temporarily Closed

St. Thomas More Chapel
268 Park St.
203-777-5537
Wed, 11am-12:45pm; Begins the first Wed in Oct and ends the last Wed in April.

Sunrise Café
57 Olive St.
Phone: N/A
M-F, 6:30am-8:30am

SNAP (Food Stamps)
Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at www.connect.ct.gov, under ‘Apply for Benefits’.

Women, Infants & Children (WIC)
Women, Infants & Children’s (WIC) program is a supplemental food and nutrition program for pregnant women, new moms and children under the age of 5 yrs old. To apply to be a WIC participant, please call 1-800-741-2142.

CLIENT-SPECIFIC NEEDS

FOOD PANTRIES

Ed Leduc Memorial Food Pantry – A Place to Nourish Your Health
1302 Chapel Street
203-624-0947
T,W,Th: 10am-4:00pm
Grab and go bags only; available to anyone in the Greater New Haven area living with HIV.

Free Forever Prison Ministry
149 Rosette Street
203-772-2555
Call M-F, 9am-5pm for an appointment. Food pantry provides food for individuals with HIV or recently released from prison. Call for more information.

Integrated Refugee & Immigrant Service
235 Nicoll Street
203-562-2095
Wed, 8:30am-11am
Pantry serves immigrants, refugees, asylees, asylum seekers, and CT residents.

GreeK Olive Restaurant
402 Sargent Drive
203-495-9990
Temporarily Closed

Atwater Senior Center
203-946-8558
Temporarily Closed

Casa Otonal
203-773-9849
M-F, 12pm
Age 60+

Dixwell/Newhallville Senior Center
203-946-8541
Temporarily Closed

East Shore Senior Center
203-946-8544
Temporarily Closed

FISH of Greater New Haven delivers groceries to homebound New Haven residents. Call 203-503-0106 to schedule an assessment. Calls accepted M-F: 9am-4pm; Delivery Hours M-F: 12pm-3pm
Age 60+; Income at or below 130% FPL.

GreeK Olive Restaurant
402 Sargent Drive
203-495-9990
Temporarily Closed

LifeBridge Community Services offers senior meals through Meals on Wheels (delivered M-F) and at 16 different cafes throughout the Greater New Haven area. Meals are served M-F starting at 9am. Call 203-752-9919.

SENIOR MEALS

Atwater Senior Center
203-946-8558
Temporarily Closed

Casa Otonal
203-773-9849
M-F, 12pm
Age 60+

Dixwell/Newhallville Senior Center
203-946-8541
Temporarily Closed

East Shore Senior Center
203-946-8544
Temporarily Closed

FISH of Greater New Haven delivers groceries to homebound New Haven residents. Call 203-503-0106 to schedule an assessment. Calls accepted M-F: 9am-4pm; Delivery Hours M-F: 12pm-3pm
Age 60+; Income at or below 130% FPL.

To update resource information, please visit:
bit.ly/guideupdate

This guide was developed in collaboration with:

CONNECTICUT FOOD BANK

211 Get Connected, Get Answers
Powered by 211.org

City of New Haven
Food System Policy Session

This guide was updated in collaboration with:

CARE for Connecticut
Research for Community Health

To update resource information, please visit:
bit.ly/guideupdate

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