



FOOD ASSISTANCE RESOURCE GUIDE



SCAN FOR A
MAP OF THE
RESOURCES
LISTED IN THIS
GUIDE OR VISIT:

bit.ly/nhvfoodmap

OPEN TO ALL

FOOD PANTRIES

No proof of income or
residency status required

- All agencies that distribute TEFAP/USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to complete and sign a self-declaratory form attesting to their eligibility.

Believe in Me Empowerment
427 Dixwell Ave.
203-772-2771
3rd Thurs of month, 4pm-6pm

Bethel AME Church
255 Goffe St.
203-865-0514
203-915-2947
3rd Sat of month, 10am-12pm

**Breakthrough Church & Life
Kingdom Ministries -
Newhallville Substation**
203-691-9296
596 Winchester Ave.,
4th Tue of month, 4pm-6pm;
481 Shelton Ave.,
2nd & 3rd Sat of month,
12pm-2pm

Cathedral of Higher Praise
155 Grand Ave.
203-776-7676
2nd & 4th Sat of month,
9am-10am

Centro San Jose
290 Grand Ave.
203-777-6771
Fri, 9am-12pm

Christian Community Action
168 Davenport Ave.
203-777-7848
Scheduled appointments
recommended for M, W, F
9:30am-3:45pm; Walk-ins
welcome on Tues 2pm-3pm.

**Christian Love
Center-West River**
154 Derby Ave.
203-927-6039
2nd & 4th Thurs of month,
4pm-6pm

**Community Baptist
Church**
143 Shelton Ave.
203-562-7060
1st Wed of month,
10am-11am

Door of Salvation Church
3 Arch St.
203-691-5608
3rd Tue of month,
10am-11am

Downtown Pantry
311 Temple St.
203-624-6426
Wed, 2pm-3pm

Glorified Deliverance
604 Dixwell Ave.
203-624-4175
4th Sat of month,
11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
3rd Wed of month,
10am-12pm
By appointment only.

**Immanuel Missionary
Baptist Church**
1324 Chapel St.
203-777-8744
4th Sat of month,
8am-9:30am

Jewish Family Services
1440 Whalley Ave.
203-397-0796
Wed & Thurs, 9am-12pm
By appointment only.

**Liberty Educational
Service Center**
47 Elizabeth St.
203-691-9494
203-606-1905
2nd & 4th Sat, 1pm-3pm
Only open to New Haven
residents. Must call on
Friday after 2pm to make
appt.

Loaves & Fishes
57 Olive St.
203-562-2691
Sat, 9am-10:30am

**Mount Hope Recovery
Center**
565 Dixwell Ave.
203-785-0656
Two Fridays a month from
5:30pm-6:15pm. Call first for
the schedule.

New Flame Restoration
1375 State Street
203-843-8831
Thurs, 3:30pm-5:30pm

New Haven Church of Christ
16 Gem St.
203-777-2992
2nd & 3rd Sat of month,
starting at 12pm

**New Haven Inner City
Enrichment (NICE)
Program- Hill Substation**
410 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm

**Salvation Army - New
Haven Corps**
450 George St.
203-624-9891
M, W, F, 9am-12pm

Second Star of Jacob
185 Chapel St.
203-776-9603
Last two Thurs of month,
10am-12pm

St. Matthew's Church
388 Dixwell Ave.
203-777-0472
Temporarily closed; Planning
to open for Thanksgiving.

**Upon This Rock Ministries -
Dwight Substation**
150 Edgewood Ave.
203-387-1215
1st & 3rd Sat of month,
9am-12pm

Varick AME Zion
242-246 Dixwell Ave.
203-624-6245
1st Sat of month, 10am-12pm

**Vertical Church - Fair
Haven Substation**
296 Blatchley Ave.
Phone: N/A
3rd Sat of month,
9am-11am

Walk of Faith Church
104 Fairmont Ave.
203-469-5134
Wed, 12:30pm-1:30pm

**Women of the Village -
Dixwell Substation**
26 Charles St.
203-675-9437
203-376-2790
Tue, 1pm-2pm

Connecticut Food Bank Mobile Pantry

Pantry times vary by location
and include morning,
afternoon, and evening times
to accommodate as many
schedules as possible. Check
the schedule at:

bit.ly/mobilepantries

For additional resources,
please dial: 2-1-1

For the latest guide,
please visit:

bit.ly/getconnectednhv

SOUP KITCHENS

Community Soup Kitchen

84 Broadway
203-624-4594
Lunch: M-F, 10:45am (until food runs out)
Breakfast: Sat, 8am-9:30am

Downtown Evening Soup Kitchen (DESK)

311 Temple St.
203-624-6426
Mon-Thurs, 5pm-7pm;
Sun, 4pm-6pm;
All dinners served outside.

Immanuel Missionary Baptist Church

1324 Chapel St.
203-777-8744
Sun, 1:30pm-2:30pm

St. Luke's Church

111 Whalley Ave.
203-865-0141
Temporarily Closed

St. Martin Deporres

136 Dixwell Ave.
203-624-9944
Temporarily Closed

St. Matthew's Church

388 Dixwell Ave.
203-777-0472 Temporarily Closed

St. Paul's Church

150 Dwight St. Temporarily Closed

St. Thomas More Chapel

268 Park St.
203-777-5537
Wed, 11am-12:45pm Begins the first Wed in Oct and ends the last Wed in April.

Sunrise Café

57 Olive St.
Phone: N/A
M-F, 6:30am-8:30am

Thomas Chapel Church of Christ

30 White St.
203-865-6254
Wed, 11am-1pm

Varick AME Zion

242 Dixwell Ave.
203-624-6245
Mon, 5:30pm-6:30pm
Closed during major holidays.

Yale Community Kitchen

323 Temple St.
203-624-6426
Mon-Thurs, 5pm-7pm;
Sun, 4pm-6pm;
All dinners served outside.

CLIENT-SPECIFIC NEEDS

FOOD PANTRIES

Ed Leduc Memorial Food Pantry – A Place to Nourish Your Health

1302 Chapel Street
203-624-0947
M,W,Th: 10am-12:30pm & 1:30-4:30pm; F: 10-11:30am.
Food pantry for individuals with HIV.
Walk-in basis with referral from A Place to Nourish Your Health, another agency case manager, or setup appt. prior to accessing pantry.

Free Forever Prison Ministry

149 Rosette Street
203-772-2555
Call M-F, 9am-5pm for an appointment. Food pantry provides food for individuals with HIV or recently released from prison. Call for more information.

Integrated Refugee & Immigrant Service

235 Nicoll Street
203-562-2095
Wed, 8:30am-11am
Pantry serves immigrants, refugees, asylees, asylum seekers, and CT residents.

SNAP (Food Stamps)

Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at www.connect.ct.gov, under 'Apply for Benefits'.

Women, Infants & Children (WIC)

Women, Infants & Children's (WIC) program is a supplemental food and nutrition program for pregnant women, new moms and children under the age of 5 yrs old. To apply to be a WIC participant, please call 1-800-741-2142.

SENIOR MEALS

Atwater Senior Center

203-946-8558
Temporarily Closed

Casa Otonal

203-773-9849
M-F, 12pm
Age 60+

Dixwell/Newhallville Senior Center

203-946-8541
Temporarily Closed

East Shore Senior Center

203-946-8544
Temporarily Closed

FISH of Greater New Haven

delivers groceries to homebound New Haven residents. Call 203-503-0106 to schedule an assessment. Calls accepted M-F: 9am-4pm; Delivery Hours M-F: 12pm-3pm
Age 60+; Income at or below 130% FPL.

Greek Olive Restaurant

402 Sargent Drive
203-495-9990
Temporarily Closed

LifeBridge Community Services

offers senior meals through Meals on Wheels (delivered M-F) and at 16 different cafés throughout the Greater New Haven area. Meals are served M-F starting at 9am. Call 203-752-9919.

This guide was developed in collaboration with:



CONNECTICUT FOOD BANK



City of New Haven Food System Policy Division



To update resource information, please visit:

bit.ly/guideupdate

ASISTENCIA ALIMENTARIA GUÍA DE RECURSOS

ABIERTO A TODO PÚBLICO

DESPENSAS DE COMIDA

No se necesita prueba de ingresos o estatus de residencia

- Todas las dependencias que distribuyen comida de TEFAP/USDA deben distribuir comida a los residentes de Connecticut sin importar la ciudad, zona o vecindario.
- Se les solicitará a los individuos completar y firmar una forma declaratoria en la que ellos mismos certifiquen su elegibilidad.

Believe in Me Empowerment

427 Dixwell Ave.
203-772-2771
3rd jueves del mes, 4pm-6pm

Bethel AME Church

255 Goffe St.
203-865-0514
203-915-2947
3rd sábado del mes, 10am-12pm

Breakthrough Church & Life Kingdom Ministries - Newhallville Substation

203-691-9296
596 Winchester Ave.,
4th martes del mes, 4pm-6pm;
481 Shelton Ave.,
Segundo y tercer sábado del mes, 12pm-2pm

Cathedral of Higher Praise

155 Grand Ave.
203-776-7676
2do y 4to Sábado del mes,
9am-10am

Centro San Jose

290 Grand Ave.
203-777-6771
Viernes, 9am-12pm

Christian Community Action

168 Davenport Ave.
203-777-7848
Citas programadas
recomendadas para lunes,
miércoles y viernes, de 9:30 am
a 3:45 pm. Se aceptan visitas sin
cita previa los martes de 2 pm a
3 pm.

Christian Love Center-West River

154 Derby Ave.
203-927-6039
Segundo y cuarto jueves del
mes: 4pm-6pm

Community Baptist Church

143 Shelton Ave.
203-562-7060
Primer miércoles del mes:
10am-11am

Door of Salvation Church

3 Arch St.
203-691-5608
Tercer martes del mes:
10am-11am

Downtown Pantry

311 Temple St.
203-624-6426
Miércoles 2-3pm

Glorified Deliverance

604 Dixwell Ave.
203-624-4175
Cuarto sábado del mes:
11am-1pm

Iglesia Jehovah Rohi

577 Howard Ave.
203-605-8060
Tercer miércoles del mes:
10am-12pm
Exclusivamente con cita

Immanuel Missionary Baptist Church

1324 Chapel St.
203-777-8744
Cuarto sábado del mes:
8am-9:30am

Jewish Family Services

1440 Whalley Ave.
203-397-0796
Miércoles y jueves 9am-12pm
Exclusivamente con cita

Liberty Educational Service Center

47 Elizabeth St.
203-691-9494
203-606-1905
Segundo y cuarto sábado del
mes: 1pm-3pm.
Exclusivamente para
residentes de New Haven.
Deben llamar después de las
2pm para hacer cita

Loaves & Fishes

57 Olive St.
203-562-2691
Sábado: 9am-10:30am

Mount Hope Recovery Center

565 Dixwell Ave.
203-785-0656
Dos viernes al mes de
5:30pm-6:15pm. Llame
primero para el horario

New Flame Restoration

1375 State Street
203-843-8831
Jueves, 3:30pm-5:30pm

New Haven Church of Christ

16 Gem St.
203-777-2992
2do y 3er Sábado del
mes, a partir de las 12 del
mediodía.

New Haven Inner City Enrichment (NICE) Program - Hill Substation

410 Howard Ave.
203-479-0056
Último sábado del mes:
11am-1pm

Salvation Army - New Haven Corps

450 George St.
203-624-9891
Lunes, Miércoles y Viernes,
9am-12pm

Second Star of Jacob

185 Chapel St.
203-776-9603
Los dos últimos jueves del
mes, 10am-12pm

St. Matthew's Church

388 Dixwell Ave.
203-777-0472
Cerrado temporalmente;
Planeando abrir para el día
de Acción de Gracias.

Upon This Rock Ministries - Dwight Substation

150 Edgewood Ave.
203-387-1215
Primer y tercer sábado del mes,
9am-12pm

Varick AME Zion

242-246 Dixwell Ave.
203-624-6245
Primer sábado del mes:
10am-12pm

Vertical Church - Fair Haven Substation

296 Blatchley Ave.
El tercer sábado del mes,
9am-11am

Walk of Faith Church

104 Fairmont Ave.
203-469-5134
Miércoles: 12:30pm-1:30pm

Women of the Village - Dixwell Substation

26 Charles St.
203-675-9437
203-376-2790
Martes, 1pm-2pm



MAPA DE RECURSOS



ESCANEE PARA VER
UN MAPA DE LOS
RECURSOS LISTADOS
EN ESTA GUÍA O VISITE:
bit.ly/nhvfoodmapES

Banco de despensas móviles de Connecticut

Los horarios de las despensas incluyen la mañana, mediodía y la tarde para ofrecerle distintas opciones. Consulte los horarios en:

bit.ly/mobilepantries

Para la lista más reciente, por favor visita:

bit.ly/getconnectednhv

Para más recursos:

marque al 2-1-1

COMEDORES COMUNITARIOS

Community Soup Kitchen

84 Broadway
203-624-4594
Almuerzo: Lunes-Viernes,
10:45am (hasta que se
acabe la comida).
Desayuno: Sábados,
8am-9:30am

Downtown Evening Soup Kitchen (DESK)

311 Temple St.
203-624-6426
Lunes-Jueves, 5pm-7pm;
Dom, 4pm-6pm; Todas las
cenar se sirven fuera.

Immanuel Missionary Baptist Church

1324 Chapel St.
203-777-8744 Domingo:
1:30-2:30pm

St. Luke's Church

111 Whalley Ave.
203-865-0141
Cerrado temporalmente

St. Martin Deporres

136 Dixwell Ave.
203-624-9944
Cerrado temporalmente

St. Matthew's Church

388 Dixwell Ave.
203-777-0472
Cerrado temporalmente

St. Paul's Church

150 Dwight St.
203-624-3937
Cerrado temporalmente

St. Thomas More Chapel

268 Park St.
203-777-5537
Miércoles, 11am-12:45pm
Comienza el miércoles de
octubre en first y termina
el último miércoles de
abril.

Sunrise Café

57 Olive St.
Teléfono: N/A
De lunes a viernes, de
7:30am a 9:15am.

Thomas Chapel Church of Christ

30 White St.
203-865-6254 Miércoles:
11am-1pm

Varick AME Zion

242 Dixwell Ave
203-624-6245 Lunes:
5:30pm-6:30pm. Cerrado
en los días festivos más
importantes

Yale Community Kitchen

323 Temple St.
203-624-6426
Lunes-Jueves, 5pm-7pm;
Domingo, 4pm-6pm;
Todas las cenas se sirven
fuera.

NECESIDADES ESPECÍFICAS

DESPENSAS DE COMIDA

Ed Leduc Memorial Food Pantry – A Place to Nourish Your Health

1302 Chapel Street
203-624-0947
Lunes, miércoles y jueves:
10am-12:30pm &
1:30-4:30pm; Viernes:
10-11:30am. Despensas
para individuos con VIH.
Visita sin cita previa a
través del A Place to
Nourish Your Health o
mediante otro encargado
de alguna dependencia.
Puede también hacer una
cita antes de su visita

Free Forever Prison Ministry

149 Rosette Street
203-772-2555
Llame de lunes a viernes de
9am-5pm para una cita. Se
proporciona comida para
individuos con VIH o para
aquellos que acaban de salir de
prisión. Llame para más
información

Integrated Refugee & Immigrant Service

235 Nicoll Street
203-562-2095
Miércoles: 8:30am-11am
Despensas para inmigrantes,
refugiados, personas que
buscan asilo y residentes de CT.

SNAP (Cupones para alimentos)

Hogares e individuos que deseen solicitar el Programa de asistencia nutricional suplementaria (SNAP) pueden revisar su elegibilidad y solicitar en línea en la página www.connect.ct.gov bajo 'Apply for Benefits' (solicitar beneficios).

Mujeres, Infantes y Niños (WIC)

El Programa Especial de Nutrición Suplementaria para Mujeres, Infantes y Niños (WIC, por sus siglas en inglés) proporciona alimentos suplementarios y educación sobre nutrición para las mujeres embarazadas, en lactancia o posparto, bebés o niños de hasta cinco años de edad. Para obtener más información sobre cómo solicitar los beneficios de WIC, sírvase llamar al 1-800-741-2142.

COMIDAS PARA PERSONAS MAYORES

Atwater Senior Center

203-946-8558
Cerrado temporalmente

Casa Otonal

203-773-9849
Lunes a viernes: 12pm
Mayores de 60 años

Dixwell/Newhallville Senior Center

203-946-8541
Cerrado temporalmente

East Shore Senior Center

203-946-8544
Cerrado temporalmente

FISH of Greater New Haven

entrega comestibles a personas
sin posibilidad de salir de casa.
Llame al 203-503-0106 para
agendar una evaluación. Se
aceptan llamadas de lunes a
viernes: 9am-4pm. Entregas
lunes a viernes: 12pm-3 pm.
Personas mayores de 60 años
con ingresos en el nivel federal
de pobreza 130% o menos

Greek Olive Restaurant

203-495-9990
402 Sargent Drive
Cerrado temporalmente

LifeBridge Community Services

ofrece comidas a
personas mayores a través
de Meals on Wheels (de
lunes a viernes) en 16 cafés
en New Haven y sus
alrededores. Las comidas se
sirven de lunes a viernes a
partir de las 9 de la mañana.
Llame al 203-752-9919

Esta guía fue elaborada
en colaboración con:



**CONNECTICUT
FOOD BANK**



City of New Haven
Food System Policy Division



Para revisar la información
de recursos, visite:

bit.ly/guideupdate