



FOOD ASSISTANCE RESOURCE GUIDE



SCAN FOR A
MAP OF THE
RESOURCES
LISTED IN THIS
GUIDE OR VISIT:

bit.ly/nhvfoodmap

OPEN TO ALL

FOOD PANTRIES

No proof of income or
residency status required

- All agencies that distribute TEFAP/USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to complete and sign a self-declaratory form attesting to their eligibility.

Believe in Me Empowerment
427 Dixwell Ave.
203-772-2771
3rd Thurs of month, 4pm-6pm

Bethel AME Church
255 Goffe St.
203-865-0514
203-915-2947
3rd Sat of month, 10am-12pm

Breakthrough Church & Life Kingdom Ministries - Newhallville Substation
203-691-9296
596 Winchester Ave.,
4th Tue of month, 4pm-6pm;
481 Shelton Ave.,
2nd & 3rd Sat of month,
12pm-2pm

Cathedral of Higher Praise
155 Grand Ave.
203-776-7676
2nd & 4th Sat of month,
9am-10am

Centro San Jose
290 Grand Ave.
203-777-6771
Fri, 9am-12pm

Christian Community Action
168 Davenport Ave.
203-777-7848
Scheduled appointments
recommended for M, W, F
9:30am-3:45pm; Walk-ins
welcome on Tues 2pm-3pm.

Christian Love Center-West River
154 Derby Ave.
203-927-6039
2nd & 4th Thurs of month,
4pm-6pm

Community Baptist Church
143 Shelton Ave.
203-562-7060
1st Wed of month,
10am-11am

Door of Salvation Church
3 Arch St.
203-691-5608
3rd Tue of month,
10am-11am

Downtown Pantry
311 Temple St.
203-624-6426
Wed, 2pm-3pm

Glorified Deliverance
604 Dixwell Ave.
203-624-4175
4th Sat of month,
11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
3rd Wed of month,
10am-12pm
By appointment only.

Immanuel Missionary Baptist Church
1324 Chapel St.
203-777-8744
4th Sat of month,
8am-9:30am

Jewish Family Services
1440 Whalley Ave.
203-397-0796
Wed & Thurs, 9am-12pm
By appointment only.

Liberty Educational Service Center
47 Elizabeth St.
203-691-9494
203-606-1905
2nd & 4th Sat, 1pm-3pm
Only open to New Haven
residents. Must call on
Friday after 2pm to make
appt.

Loaves & Fishes
57 Olive St.
203-562-2691
Sat, 9am-10:30am

Mount Hope Recovery Center
565 Dixwell Ave.
203-785-0656
Two Fridays a month from
5:30pm-6:15pm. Call first for
the schedule.

New Flame Restoration
1375 State Street
203-843-8831
Thurs, 3:30pm-5:30pm

New Haven Church of Christ
16 Gem St.
203-777-2992
2nd & 3rd Sat of month,
starting at 12pm

New Haven Inner City Enrichment (NICE) Program- Hill Substation
410 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm

Salvation Army - New Haven Corps
450 George St.
203-624-9891
M, W, F, 9am-12pm

Second Star of Jacob
185 Chapel St.
203-776-9603
Last two Thurs of month,
10am-12pm

St. Matthew's Church
388 Dixwell Ave.
203-777-0472
Temporarily closed; Planning
to open for Thanksgiving.

Upon This Rock Ministries - Dwight Substation
150 Edgewood Ave.
203-387-1215
1st & 3rd Sat of month,
9am-12pm

Varick AME Zion
242-246 Dixwell Ave.
203-624-6245
1st Sat of month, 10am-12pm

Vertical Church - Fair Haven Substation
296 Blatchley Ave.
Phone: N/A
3rd Sat of month,
9am-11am

Walk of Faith Church
104 Fairmont Ave.
203-469-5134
Wed, 12:30pm-1:30pm

Women of the Village - Dixwell Substation
26 Charles St.
203-675-9437
203-376-2790
Tue, 1pm-2pm

Connecticut Food Bank Mobile Pantry

Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at:

bit.ly/mobilepantries

For additional resources,
please dial: 2-1-1

For the latest guide,
please visit:

bit.ly/getconnectednhv

SOUP KITCHENS

Community Soup Kitchen

84 Broadway
203-624-4594
Lunch: M-F, 10:45am (until food runs out)
Breakfast: Sat, 8am-9:30am

Downtown Evening Soup Kitchen (DESK)

311 Temple St.
203-624-6426
Mon-Thurs, 5pm-7pm;
Sun, 4pm-6pm;
All dinners served outside.

Immanuel Missionary Baptist Church

1324 Chapel St.
203-777-8744
Sun, 1:30pm-2:30pm

St. Luke's Church

111 Whalley Ave.
203-865-0141
Temporarily Closed

St. Martin Deporres

136 Dixwell Ave.
203-624-9944
Temporarily Closed

St. Matthew's Church

388 Dixwell Ave.
203-777-0472 Temporarily Closed

St. Paul's Church

150 Dwight St. Temporarily Closed

St. Thomas More Chapel

268 Park St.
203-777-5537
Wed, 11am-12:45pm Begins the first Wed in Oct and ends the last Wed in April.

Sunrise Café

57 Olive St.
Phone: N/A
M-F, 6:30am-8:30am

Thomas Chapel Church of Christ

30 White St.
203-865-6254
Wed, 11am-1pm

Varick AME Zion

242 Dixwell Ave.
203-624-6245
Mon, 5:30pm-6:30pm
Closed during major holidays.

Yale Community Kitchen

323 Temple St.
203-624-6426
Mon-Thurs, 5pm-7pm;
Sun, 4pm-6pm;
All dinners served outside.

CLIENT-SPECIFIC NEEDS

FOOD PANTRIES

Ed Leduc Memorial Food Pantry – A Place to Nourish Your Health

1302 Chapel Street
203-624-0947
M,W,Th: 10am-12:30pm & 1:30-4:30pm; F: 10-11:30am.
Food pantry for individuals with HIV.
Walk-in basis with referral from A Place to Nourish Your Health, another agency case manager, or setup appt. prior to accessing pantry.

Free Forever Prison Ministry

149 Rosette Street
203-772-2555
Call M-F, 9am-5pm for an appointment. Food pantry provides food for individuals with HIV or recently released from prison. Call for more information.

Integrated Refugee & Immigrant Service

235 Nicoll Street
203-562-2095
Wed, 8:30am-11am
Pantry serves immigrants, refugees, asylees, asylum seekers, and CT residents.

SNAP (Food Stamps)

Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at www.connect.ct.gov, under 'Apply for Benefits'.

Women, Infants & Children (WIC)

Women, Infants & Children's (WIC) program is a supplemental food and nutrition program for pregnant women, new moms and children under the age of 5 yrs old. To apply to be a WIC participant, please call 1-800-741-2142.

SENIOR MEALS

Atwater Senior Center

203-946-8558
Temporarily Closed

Casa Otonal

203-773-9849
M-F, 12pm
Age 60+

Dixwell/Newhallville Senior Center

203-946-8541
Temporarily Closed

East Shore Senior Center

203-946-8544
Temporarily Closed

FISH of Greater New Haven

delivers groceries to homebound New Haven residents. Call 203-503-0106 to schedule an assessment. Calls accepted M-F: 9am-4pm; Delivery Hours M-F: 12pm-3pm
Age 60+; Income at or below 130% FPL.

Greek Olive Restaurant

402 Sargent Drive
203-495-9990
Temporarily Closed

LifeBridge Community Services

offers senior meals through Meals on Wheels (delivered M-F) and at 16 different cafés throughout the Greater New Haven area. Meals are served M-F starting at 9am. Call 203-752-9919.

This guide was developed in collaboration with:



CONNECTICUT FOOD BANK



City of New Haven Food System Policy Division



To update resource information, please visit:

bit.ly/guideupdate