

FOOD ASSISTANCE RESOURCE GUIDE



SCAN FOR THE MOST UP-TO-DATE GUIDE. NEXT UPDATE ON JAN 2020.

FOR ADDITIONAL RESOURCES, DIAL 2-1-1.

OPEN TO ALL

FOOD PANTRIES

No proof of income or residency status required

- All agencies that distribute TEFAP/USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to complete and sign a self-declaratory form attesting to their eligibility.

Believe in Me Empowerment
427 Dixwell Ave.
203-772-2771
3rd Thurs of month, 4pm-6pm

Bethel AME Church
255 Goffe St.
203-865-0514
203-915-2947
3rd Sat of month, 10am-12pm

Breakthrough Church & Life Kingdom Ministries - Newhallville Substation
203-691-9296
596 Winchester Ave.,
4th Tue of month, 4pm-6pm;
481 Shelton Ave.,
3rd Sat of month, 12pm-2pm

Cathedral of Higher Praise
155 Grand Ave.
203-776-7676
3rd Sat of month, 9am-10am

Centro San Jose
290 Grand Ave.
203-777-6771
Last Fri of month, 9am-12pm

Christian Community Action
168 Davenport Ave.
203-777-7848
M-W, 9:30am-11:45am and
2pm-3:45pm; Th,
10am-11:45am; Walk in
registration on T: 2pm-3pm
Visit limit to once per month;
Priority to families with
children and people who are
elderly or disabled.

Christian Love Center-West River
154 Derby Ave.
203-752-1644
2nd & 4th Thurs of month,
4pm-6pm

Community Baptist Church
143 Shelton Ave.
203-562-7060
1st Wed of month, 10am-11am

Door of Salvation Church
3 Arch St.
203-691-5608
3rd Tue of month, 10am-11am

Downtown Pantry
311 Temple St.
203-624-6426
Wed, 2-3pm

Glorified Deliverance
604 Dixwell Ave.
203-624-4175
4th Sat of the month,
11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
3rd Wed of the month,
10am-12pm

Immanuel Missionary Baptist Church
1324 Chapel St.
203-777-8744
4th Sat of month,
8am-9:30am

Jewish Family Services
1440 Whalley Ave.
203-397-0796
Wed & Thurs, 9am-12pm
By appointment only.

Liberty Educational Service Center
47 Elizabeth St.
203-691-9494
203-606-1905
2nd & 4th Sat, 1pm-3pm
Only open to New Haven
residents. Must call on Friday
after 2pm to make appt.

Loaves & Fishes
57 Olive St.
203-562-2691
Sat, 9am-10:30am

Mount Hope Recovery Center
565 Dixwell Ave.
203-785-0656
Two Fridays a month from
5:30pm-6:15pm. Call first for
the schedule.

New Flame Restoration
1415 State St.
203-843-8831
3rd Thurs of month,
5:30pm-7pm

New Haven Church of Christ
16 Gem St.
203-777-2992
2nd & 3rd Fri of month,
11am-12:30pm

New Haven Inner City Enrichment (NICE) Program - Hill Substation
410 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm

Salvation Army - New Haven Corps
450 George St.
203-624-9891
M, W, F, 9:30am-11:30am

Second Star of Jacob
185 Chapel St.
203-776-9603
Last Tue & Thurs of month,
9:30am-11am

St. Ann's
930 Dixwell Ave
203-562-5700
1st & 3rd Fri of month,
9am-11am

St. Luke's Church
111 Whalley Ave.
203-865-0141
1st & 3rd Fri, 10am-12pm
Closed in July & Aug.
Reopens after Labor Day.
Priority to women and
children from Dwight/
Whalley/Dixwell;
Low-income

St. Matthew's Church
388 Dixwell Ave.
203-777-0472
2nd Sat of month, 8am-9am.
Call to verify, schedule varies.
Closed during Jan, July and
Aug. Reopens on 3rd Sat in
Sept

Upon This Rock Ministries - Dwight Substation
150 Edgewood Ave.
203-387-1215
3rd Sat of month, 9am-11am

Varick AME Zion
242-246 Dixwell Ave.
203-624-6245
1st Sat of month, 10am-12pm

Vertical Church - Fair Haven Substation
296 Blatchley Ave.
Phone: N/A
3rd Sat of the month,
1pm-3pm

Walk of Faith Church
104 Fairmont Ave.
203-469-5134
Wed, 10:30am-1:30pm

Women of the Village - Dixwell Substation
26 Charles St.
203-675-9437
203-376-2790
Tue, 12pm-2pm Distributes
nonperishable food items
the 4th Fri of month,
4pm-6pm

Connecticut Food Bank Mobile Pantry

Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at:

<http://bit.ly/mobilepantries>

SOUP KITCHENS

Community Soup Kitchen

84 Broadway
203-624-4594
Lunch: M, T, Th, F,
11:30am-1:30pm
Breakfast: Sat,
8:30am-9:30am

Downtown Evening Soup Kitchen (DESK)

311 Temple St.
203-624-6426
Year-round hours:
Mon-Thurs, 5:30-6:30pm;
Sun, 4:30-5:30pm;

323 Temple St
Sept-May only (closed
during the summer
months):
Fri, 6-7:30pm
Sat, 5-6pm

Immanuel Missionary Baptist Church

1324 Chapel St.
203-777-8744
Sun, 1:30-2:30pm

St. Ann's

930 Dixwell Ave
203-562-5700
M-F, 11:30am-12:30pm

St. Luke's Church

111 Whalley Ave.
203-865-0141
Lunch (Women & children
only) Tue & Thurs,
12pm-1pm
Breakfast (Everyone)-
Wed, 8:30am-9:30am
Closed during July & Aug

St. Martin Deporres

136 Dixwell Ave.
203-624-9944
Tue, 8:30am-9:30am
Closed in Aug, Opens Sept
11th

St. Matthew's Church

388 Dixwell Ave.
203-777-0472
3rd, 4th, & 5th Sat of
month, 8am-9am; Closed
in Jan

St. Paul's Church

150 Dwight St.
203-624-3937
Fri, 8:30am-9:30am

St. Thomas More Chapel

268 Park St.
Wed, 11:30am-12:45pm
Begins the first Wed in
Oct and ends the last Wed
in April

Sunrise Café

57 Olive St.
203-495-7600
M-F, 7:30am-9:30am

Thomas Chapel Church of Christ

30 White St.
203-865-6254
Wed, 11am-1pm

Varick AME Zion

242 Dixwell Ave.
203-624-6245
Mon, 5:30pm-6:30pm
Closed during major
holidays.

Yale Community Kitchen

323 Temple St.
Phone: N/A
Fri, 6pm-7pm (Oct-April) &
Sat, 5pm-6pm (Oct-April).
Closed May-Sept

CLIENT-SPECIFIC NEEDS

FOOD PANTRIES

Ed Leduc Memorial Food Pantry – A Place to Nourish Your Health

1302 Chapel Street
203-624-0947
M,W,Th: 10am-12:30pm &
1:30-4:30pm; F: 10-11:30am.
Food pantry for
individuals with HIV.
Walk-in basis with
referral from AIDS
Project New Haven,
another agency case
manager, or setup
appt. prior to accessing
pantry.

Free Forever Prison Ministry

149 Rosette Street
203-772-2555
Call M-F, 9am-5pm for an
appointment
Food pantry provides food for
individuals with HIV or recently
released from prison.
Call for more information.

Integrated Refugee & Immigrant Service

203-562-2095
Wed, 8:30am-11am
Pantry serves immigrants,
refugees, asylees, asylum
seekers, and CT residents.

SNAP (Food Stamps)

Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at www.connect.ct.gov, under 'Apply for Benefits'.

Women, Infants & Children (WIC)

Women, Infants & Children's (WIC) program is a supplemental food and nutrition program for pregnant women, new moms and children under the age of 5 yrs old. To apply to be a WIC participant, please call 1-800-741-2142.

This guide was developed in collaboration with



City of New Haven
Food System Policy Division

SENIOR MEALS

Atwater Senior Center

203-946-8558
M-F, 11:30am
Age 55+, New Haven
resident.

Casa Otonal

203-773-9849
M-F, 12pm
Age 60+

Dixwell/Newhallville Senior Center

203-946-8541
M-F: 11:30am
Age 55+; New Haven
resident.

East Shore Senior Center

203-946-8544
M-F, 11:30am
Age 55+, New Haven
resident.

FISH of Greater New Haven

delivers groceries to
homebound New Haven
residents. Call
203-503-0106 to schedule
an assessment. Calls
accepted M-F: 9am-4pm;
Delivery Hours M-F:
12pm-3pm
Age 60+; Income at or
below 130% FPL.

Greek Olive Restaurant

203-495-9990
Wed, 11am-1pm
402 Sargent Drive
Age 60+

LifeBridge Community Services

offers senior
meals through Meals on
Wheels (delivered M-F)
and at 16 different cafés
throughout the Greater
New Haven area. Meals are
served M-F from
11:30am-12:30pm. Call
203-752-9919.